

About Little Bennett Regional Park

Little Bennett is the largest natural gem of Montgomery Parks. Among its 3,700 acres, over 20 miles of trails lead you to and through quality forests, meadows, and streams. This vast park is home to many historic sites, and an abundance of native plants and animals. We invite you to visit often, to hike our trails or to camp in the campground. Explore! Enjoy!

NOTE: the main access to the course is via the Little Bennett Campground which has a secured gate. Please call (301)528-3430 for further information.



Hawk's Reach Activity Center. The start and finish location are at the telephone pole in this photo.



The natural place to be

301-528-3430

www.LittleBennettCampground.com



About Orienteering

Have a fun adventure that's both a game and a sport. We've placed wooden posts in the woods - using a detailed map, can you find them in the order shown in purple? Each post (checkpoint) has a unique number, so when you find one, make sure it's the post # you were looking for. There are different courses for different skill levels, but all give you one thing: adventure!

About Quantico Orienteering Club

Quantico Orienteering Club promotes the enjoyment and preservation of the outdoors through the recreational activity of orienteering. Our nonprofit group hosts orienteering events open to all in parks throughout the greater Washington DC region most weekends from Sept. to June. Looking for checkpoints placed in the woods just for that event, participants may walk or run, go solo or in groups of any size. All events include courses for all skill levels, from family-friendly to elite adventure racer. Free beginner instruction is always available. Visit us at <http://qoc.us.orienteering.org>



Little Bennett Regional Park

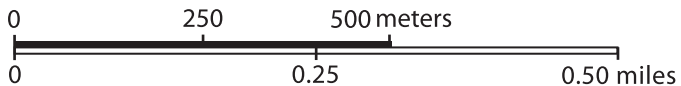
With a map in hand,
you head into the woods.
Can you find the checkpoints?
Find Yourself: **Orienteering!**



Intermediate

Map Scale 1 : 10 000

Contour Interval 5 m

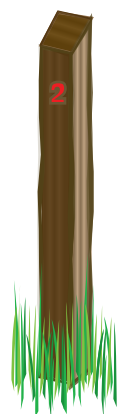


Legend

- undergrowth, slow running
- undergrowth, difficult to run
- open land
- semi-open land
- rough open land
- forest
- vegetation: slow run
- vegetation: difficult run
- vegetation: fight
- distinct vegetation edge
- paved road
- parking area
- dirt or gravel road
- vehicle track
- footpath
- small path
- indistinct path
- narrow ride
- power line, high tower
- high fence
- fence
- ruined fence
- stone wall
- ruined stone wall
- impassable cliff
- passable rock face
- boulder, rock pile
- rocky ground
- man made object
- building, ruin
- index contour
- contour, 5 meters
- form line, <5 meters
- slope line
- earth bank
- earth wall
- knoll, small knoll
- depression
- small depression, pit
- gully, small gully
- root stock; with trunk
- crossable stream
- small stream
- seasonal stream
- pond
- marsh
- indistinct marsh
- spring
- park boundary (approx)
- individual tree



- Start
- Checkpoint
- Finish
- Start and Finish



Look for posts like these - they are your checkpoints.

This is a **clue sheet** - it will give you clues about your checkpoints and identify the checkpoint with a corresponding number.

Difficulty	Length	Climb
Intermediate	3.3 km	130 m
Start	POST#	
1	13	small reentrant (valley)
2	12	ditch trail junction
3	10	ditch
4	9	man made feature
5	7	ditch junction
6	4	man made feature
7	3	man made feature
8	1	ditch trail junction
200 m		Distance from your last checkpoint to the finish.

Helpful hint: plan your routes "backwards" - from where you want to be to where you are.



red arrow maps
www.redarrowmaps.com

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