

## Patapsco McKeldin

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**May 11**  
**Sunday**



The 'Spring Tumble' is here - along with regular courses, thanks to course setter Dan Quinn and event director Lydia Andrews! Regular courses: beginner (white and yellow), intermediate (orange), and one advanced course (brown) are available as usual. Register for these courses at the event anytime between 10:45 - 1:15, start anytime between 11 - 1:30, and be back no later than 3pm. Course lengths and notes are posted below and there's nothing tricky about these courses.

The Spring Tumble: Advanced orienteers (typical green, red, blue course runners) are encouraged to try this Stumble + Billygoat mashup. There are six windows (sets) of controls, connected by obligatory (single) controls. Based on your normal course and gender, you'll need to visit a pre-determined number of those windows, finding all the controls in that window in any order you wish. Which windows are your choice. For example, a male runner who normally runs a Green course will need to choose which 4 of the 6 windows to visit (and which two to skip). There's a Mass Start at Noon and a pre-race briefing at 11:45am; to guarantee yourself a map, pre-register (and pay) using the link below. If you really can't make the mass start, you can start the course after noon but you still must be back by



3pm. [No dogs at the mass start, please.] Here's how many windows each person will run:

- Green course orienteers: men, 4; women, 3
- Red course orienteers: men, 5, women, 4
- Blue course orienteers: men, all 6; women, 5

Total course length for Spring Tumble runners will depend on which windows are chosen and the order in which controls are visited in those windows, but optimally, those with the least windows will run ~6km and those with all six windows will go run at least 8km.

We hope that everyone has a fine time, and that advanced orienteers choose to start at Noon as part of the Spring Tumble. Mass start events provide orienteers with a different set of challenges - and opportunities (like following if you dare) and this event should be a great way to enjoy one of our favorite parks.

Any youth or large groups attending, please contact the [Event Director](#) [2] so that we can coordinate pre-registration for your group; the group registration and waiver [form](#) [3] is part of the information on our [Group Leaders](#) [4] page.

**Mother's Day Specials!** Event Director Lydia Andrews has found several fine restaurants all in nearby [Turf Valley Town Square](#) [5] where you can celebrate after your run. Each should have a special (click to their websites):

[Grille 620](#) [6], 410-203-0620

- 11099 Resort Road, Suite 304, Ellicott City, MD 21042
- Special Mother's Day menu; Reservations highly recommended

[Xitomate](#) [7], 410-988-4354

- 11085 Resort Road, Suite 404, Ellicott City, MD 21042
- Unlimited mimosas for Mothers, brunch until 5 pm; 2-6 happy hour

[Facci](#) [8], 410-750-0001

- 11095 Resort Road, Ellicott City, MD 21042
- Special Mother's Day brunch menu from 11-3

[RedParrot Asian Bistro](#) [9], 410-480-9388

- 11105 Resort Road, Ellicott City, MD
- Mother's Day special



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## **Location**

[Patapsco Valley State Park, McKeldin Area, Shelter 576, Marriottsville, MD \(Classic Orienteering + Spring Tumble\)](#)

## **Registration**

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